

AYSO Region 624 Basic Referee Course



Module 6

Starting & Restarting Play



The Start and Restart of Play

- Four restarts that occur during the natural flow of play:
 - Throw in (TI)
 - Goal Kick (GK)
 - Corner Kick (CK)
 - Kick Off (KO)
- Four restarts that are used after the referee has stopped play:
 - Direct Free Kick (DFK)*
 - Dropped Ball (DB)*
 - Indirect Free Kick (IFK)
 - Penalty Kick (PK)

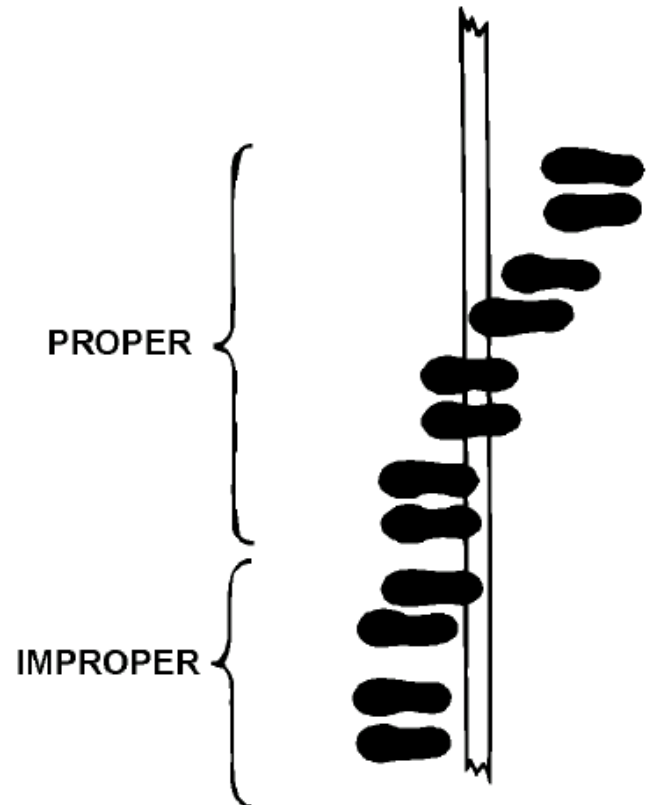
* In U5, U6 & U8, there are only 2 restarts used after the referee has stopped play (In Blue)

Law 15 – Throw-in

A throw-in is awarded to the *opponent* of the team who last touched the ball before it crossed over the touch line

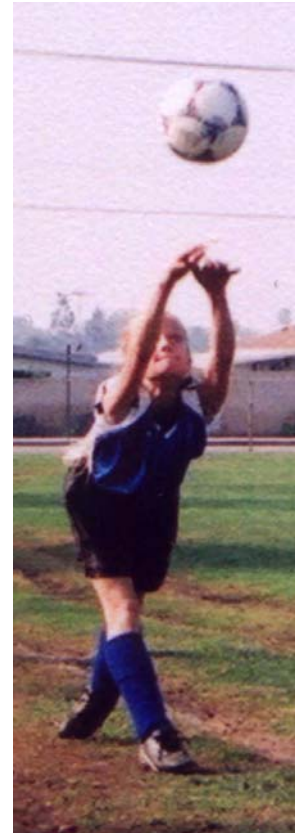
At the moment of delivering the ball, the thrower:

- faces the field of play
- has part of each foot on the ground either on or behind the touch line
- uses both hands to deliver the ball from behind and over the head



Law 15 – Throw-in (Continued)

- The ball is in play as soon as it is released and any portion of it is on or over the outside edge of the touchline.
- A goal may ***not*** be scored directly from a throw-in
- If the ball fails to enter the field of play, the throw-in is retaken.
- All opponents must stand no less than two meters from the point at which the throw-in is taken and may not interfere with throw-in.
- To help U5, U6 & U8 players learn the game, you should allow players a second chance to learn the correct technique.

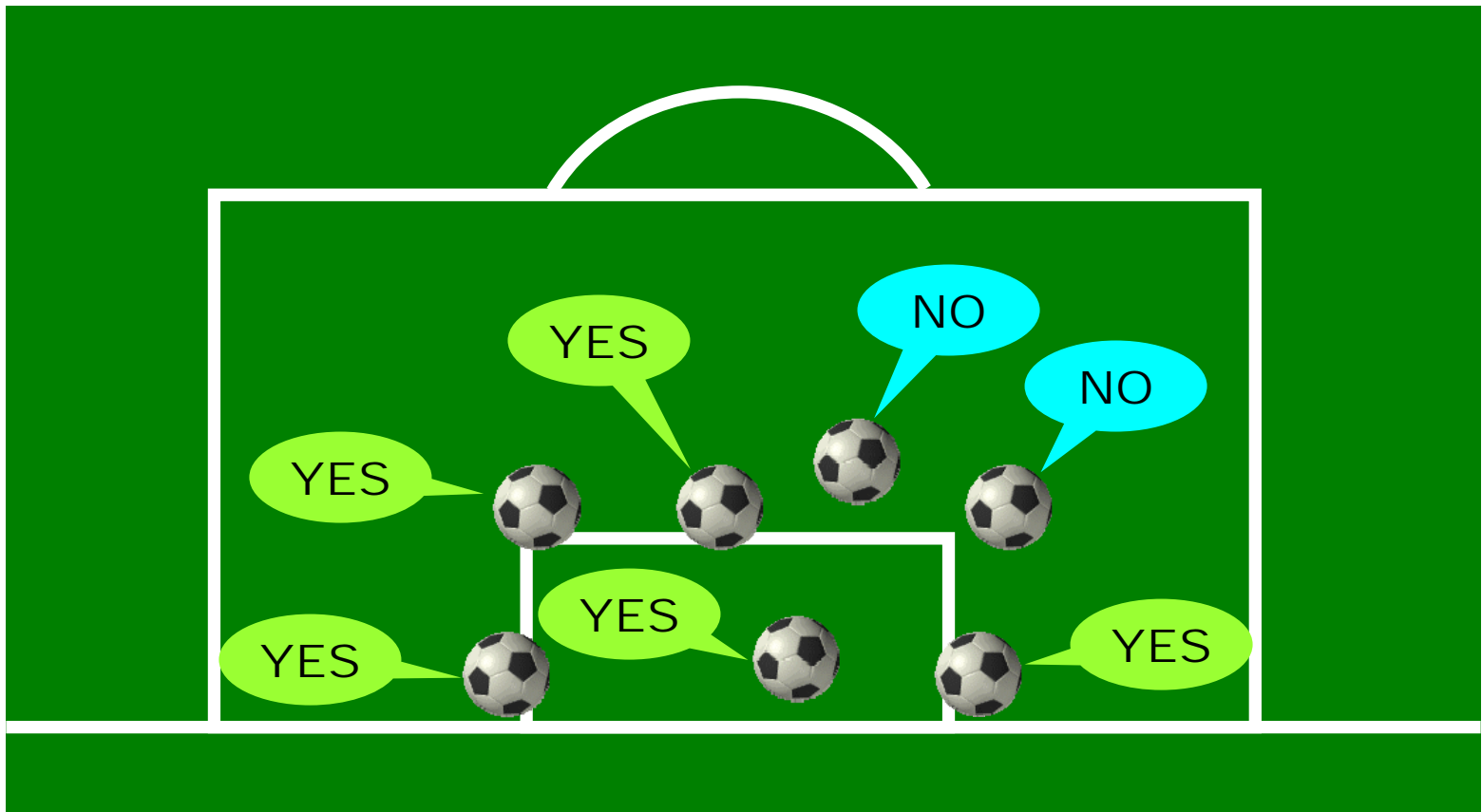




Law 16 - Goal Kick

- When the ball goes out of play over the goal line last touched by an attacker (not a goal).
- Ball is placed anywhere in the goal area.
- Opponents of the kicker must remain outside the penalty area. Kicking team may have as many player as they wish in the penalty area.
- Ball is in play upon leaving the penalty area.
 - If the ball is touched a second time by either team before leaving the penalty area, the kick is retaken.
- Goal can only be scored against the opponent.

Goal Kick Ball Placement



Law 17 – The Corner Kick

- Awarded when the ball leaves the field of play over the goal line (not a goal) last touched by the defending team
- Ball is placed in the corner area
- Opponent must be 10 yard away (8 yards in U6, U8 & U10)
- Ball is in play when it is kicked and moves
- Flag can't be moved





Law 8 – Dropped Ball

- When play is stopped by the referee for an unusual but neutral reason such as an injury, a dog on the field, or a stray ball from a nearby game.
- The referee drops the ball where it was when play was stopped, unless it is in the goal area.
- The ball is dropped from the height of a player's waist and is in play when it hits the ground.
 - If a player kicks the ball before it hits the ground, it is dropped again
- The ball does not have to be dropped between two opponents.



Law 13 – Direct Free Kick

- Ball must be stationary when kick is taken and the kicker may not touch the ball again until it has touched another player.
- Opponents must be specified distance from the ball for the age group until the kick is taken
- Goal can be scored directly but not an “own goal.”
 - Game restarted with a corner kick for “own goal.”
- Free kick is taken from where the infringement occurred.

Restart Summary

