



AYSO Region 624

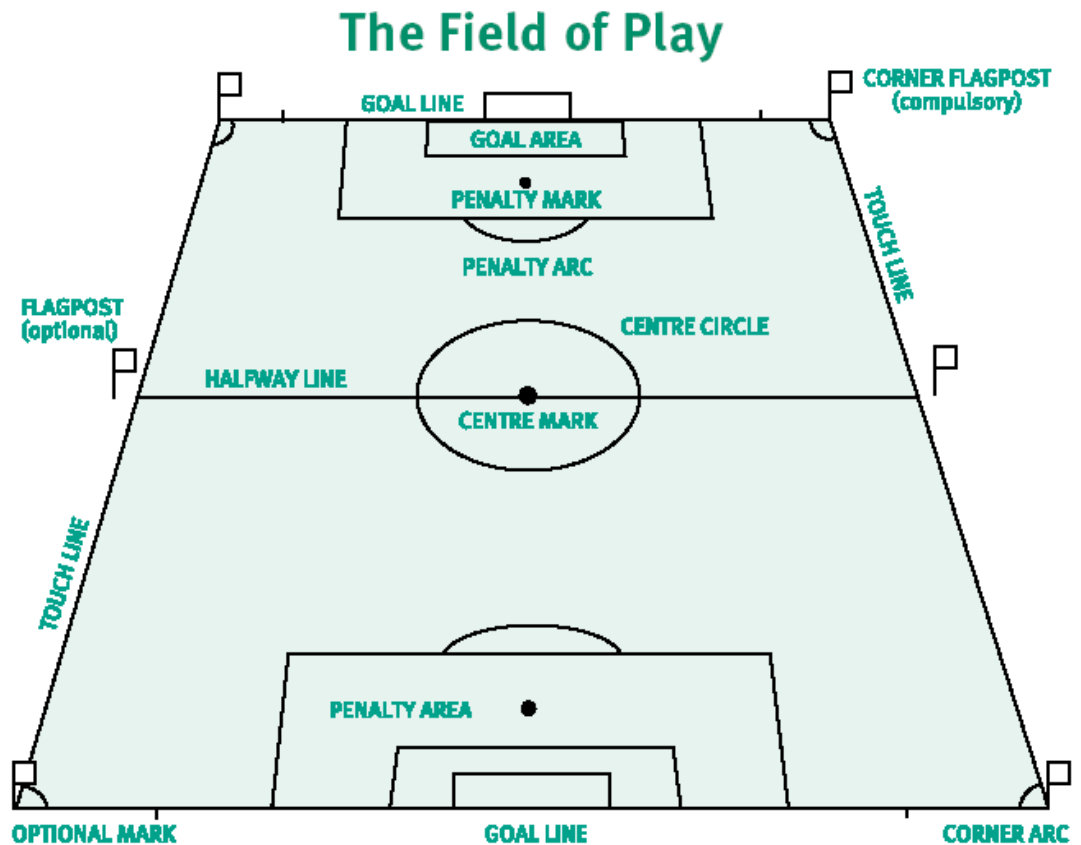
Basic Referee Course

Modules 8

Mechanical Aspects of the Game

Field of Play

Referees often officiate on fields that have poor or no markings. Referees need to know the measurements, use and details of field markings and equipment

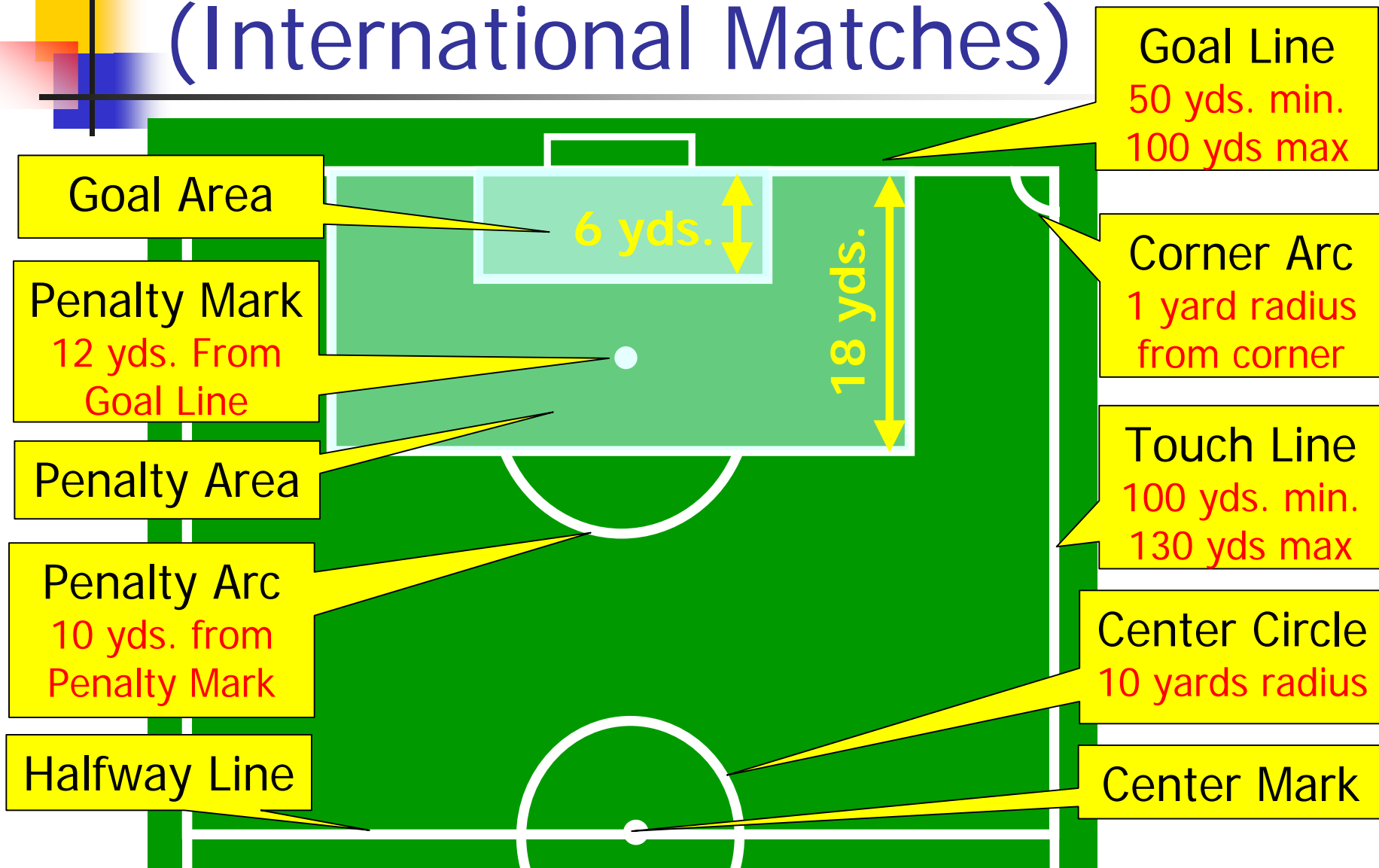




The Field of Play

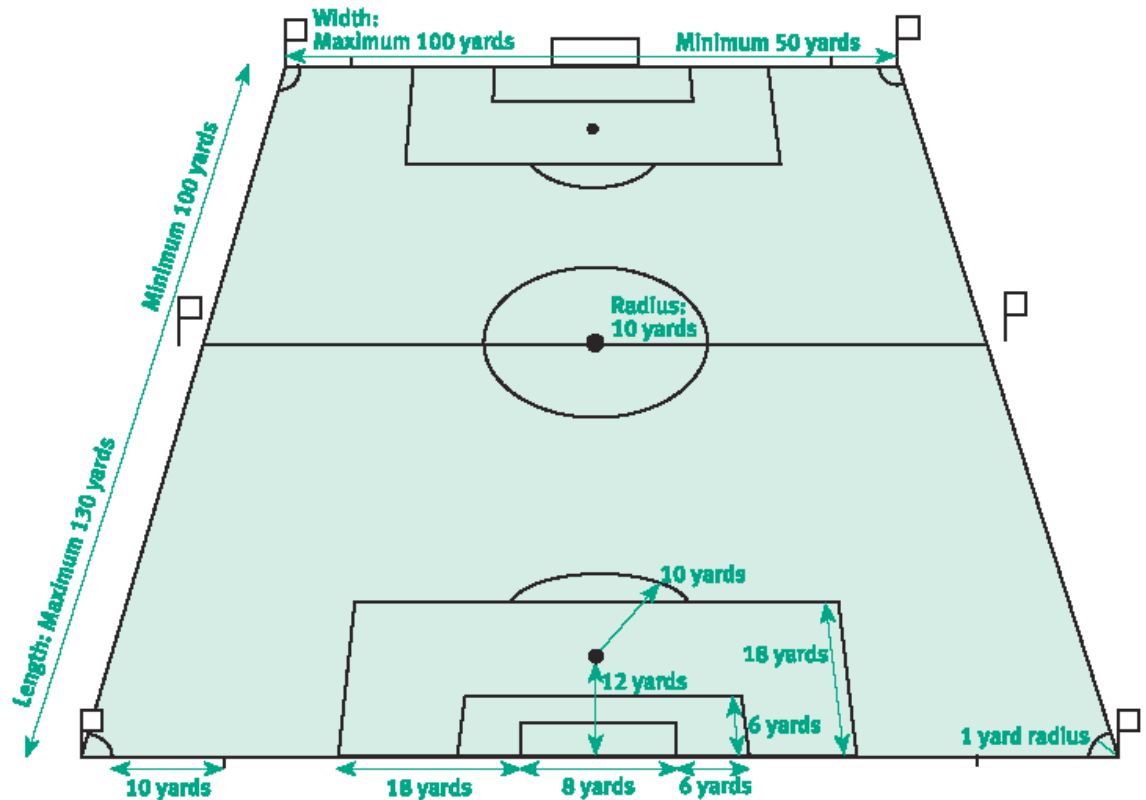
- Field must be rectangular, touch line is longer than the goal line.
- Lines are to be no wider than 5 inches
- Lines are part of the areas they enclose.
- Goals must be center on each goal line. The distance between the posts is 8 yards and the distance from the lower edge of the crossbar to the ground is 8 ft. Post width and depth not to exceed 5 inches.
- Flagposts, not less than 5 ft. high, with a non-pointed top and a flag are placed at each corner. Flagpost may also be place at each end of the halfway line, not less than 1 yard outside the touchline.

Field of Play for (International Matches)



Field of Play

The measurements given here do not apply to short-sided games in the U6, U8, & U10 divisions. Fields for games in these younger division are smaller. The dimensions are proportionate to regulation dimensions.



The Ball



- The ball must be smooth with no loose or scratched panels.
- Test for proper inflation by pressing on one panel with both thumbs. The panel should deflect about $\frac{1}{4}$ in.
- Make sure the ball is the correct size
 - Size 3 for U5, U6 & U8
 - Size 4 for U10 & U12
 - Size 5 for U14 & Up
- Toss the ball into the air and see that it rotates evenly.
- The home team generally provides the game ball



Players Uniform

- Players must wear a ***jersey, shorts, shinguards, stockings*** that completely cover the shinguards, and appropriate ***footwear***. Shinguards should be inside the stockings.
- The team should wear the same color, except the goalkeeper
- Goalkeepers must wear colors which distinguish him/her from the other players and the referees.
- Appropriate footwear includes shoes designed for soccer or other athletic activity as long as they are safe. Flat-soled athletic shoes are fine.



Player's Equipment

- Prescription glasses are allowed
- Goalkeeper gloves that are safe are allowed
- Knee braces that are padded and do not pose a danger to other players are allowed
- Medical ID bracelets are allowed. Tape or sweatband can make them safe.
- Casts and splints are ***not*** allowed even if padded.
- Hats with hard bills, caps, and bandanas are ***not*** permitted.
- Jewelry, watches, earrings, soft bracelets, etc. must be removed before a player is allowed to participate.