

## ***Eight Methods of Restarting Play***

<b>RESTART</b>	<b>KICK-OFF</b>	<b>THROW-IN</b>	<b>GOAL KICK</b>	<b>CORNER KICK</b>	<b>INDIRECT FREE KICK</b>	<b>DIRECT FREE KICK</b>	<b>PENALTY KICK</b>	<b>DROPPED BALL</b>
Reason for Restart	<ul style="list-style-type: none"> <li>➤ Start of Game</li> <li>➤ Start of 2<sup>nd</sup> half</li> <li>➤ Goal Scored</li> </ul>	Ball passed completely over touch line	Ball passed completely over goal line last touched by attacking team	Ball passed completely over goal line last touched by defending team	Non-penal foul, misconduct, offside, and certain technical offenses	Penal foul, except when done by defending team in own penalty area	Penal foul by defending team inside own penalty area	Any other temporary stoppage of the game by the referee
Location of Restart	Center of the field	Within 1 meter of the point where the ball crossed the touch line	From within the goal area	Corner Area or Quarter circle (corner arc) at nearest corner flag	Where offense occurred (see special circumstances in Law 8)	Where foul occurred, with exception of penalty area (see Law 8 for circles)	Penalty Mark. If no penalty mark exists, place ball halfway between top of goal area & penalty area.	Where ball was when play was stopped occurred (see special circumstances in Law 8)
Distance opponent must be from ball	10 yards and all players must be in their own half of the field	2 yards and opponents may not interfere	Outside Penalty area	10 yards, with exception of quick kick	10 yards, or on own goal line between posts, except on quick kick	10 yards, with exception of quick kick (spec. Circles in Law 8)	10 yards, outside penalty area & arc and behind penalty mark	No distance requirement
When ball is in play	When ball moves forward. Ball must be kicked FORWARD!	When ball enters field	When ball leaves penalty area	When ball moves	When ball moves, with exception of defender's kick in own penalty area	When ball moves, with exception of defender's kick in own penalty area	When ball moves forward. Ball must be kicked FORWARD!	When ball touches ground
Can player who receives ball directly be declared offside?	Does not apply	No	No	No	Yes	Yes	Treat as violation of Law 14	No
Can a goal be scored directly?	Yes	No	Yes, but only against opponent	Yes, but only against opponent	No	Yes, but only against opponent	Yes	Only after ball hits ground
Referee Signal	Point towards center circle	Point towards the defending team's goal with arm at a 45° angle	Point towards the goal area where the kick is to be taken	45° angle pointing towards the corner where the kick is to be taken	Hold hand straight up until the ball is touched by a second player	Point towards the offending team's goal with the arm at a 45° angle	Point towards the penalty spot where the kick is to be taken	
Comments	Watch for defenders entering kickoff circle prior to ball being put in play	Both feet must be touching the ground when the ball is released.	If the ball is touched prior to leaving penalty area, kick is retaken.	Flagpost can't be moved.	Ball must touch a second player on either team in order to award a goal. If ball enters goal without second touch, restart is a goal kick.	No whistle required unless the team taking the kick request the referee move opponent 10 yards back.	Defending goalkeeper must remain on the goal line until the ball has been kicked.	Only restart where the player who first touches the ball is allowed a second touch.